**A Morning Offering (Excerpts)**

*John O’Donohue*

All that is eternal in me

Welcomes the wonder of this day.

May my mind come alive today

To the invisible geography

That invites me to new frontiers,

To break the dead shell of yesterdays,

To risk being disturbed and changed.

May I have the courage today

To live the life that I would love,

To postpone my dream no longer

But do at last what I came here for

And waste my heart on fear no more.

May I live this day

Compassionate of heart,

Clear in work,

Gracious in awareness,

Courageous in thought,

Generous in love.